

# The Right Retirement Community For You

Selecting the right senior living community is an important decision that involves more than simply choosing a floor plan – it's about lifestyle. You will want to choose a social, cultural, educational and recreational community that will meet your needs. Here are a few things to consider as you explore your retirement living options.



## Are you ready for senior community living?

Before you say "I'm not ready for a retirement community," you owe it to yourself to answer these questions:

### What is it I'm not ready for?

Often, people confuse moving to a retirement community with giving up all the things they hold dear. You may find today's retirement communities to be far different than you might have imagined. They're for people who want to maintain their independence, expand their horizons, and make their own decisions. So residents enjoy life more — not less.

### How will I know when I'll be ready?

#### Do you worry about home maintenance?

Are you tired of shopping and preparing meals? Do you have health concerns? Are you troubled about personal safety and the security of your home? Would you like to explore new interests and meet new friends? If so, now is the time to experience the freedom a service-enriched retirement lifestyle can offer you.

### How do I start?

#### Determine which type of senior community will best fit your needs.

It's important to understand the different types of senior living community options that are available and the types of services and support

that are offered. Narrow the list of potential communities to a few possibilities by taking into account location, amenities, activities and support services.

### Visit the community.

Tour retirement communities in your area to best evaluate your options and get a feel for their "culture." Sample the dining services by visiting for lunch. Or, attend a community event or social — there are numerous low-key opportunities which provide fun-filled, no-pressure invitations to mingle with current residents and preview the community.

### Take your time.

You will most likely need more than one visit to make a decision as to whether or not a community is right for you. Make an appointment with a community representative to go over any additional questions you may have. Remember, they have a wealth of knowledge and are there to help you to determine the perfect mix of services and amenities to meet your needs.

**Erin Currie**, Community Relations Manager  
Berwick on the Park Retirement Community  
60 Whiteshield Crescent S., Kamloops, BC  
250-377-7275 • [www.BerwickRetirement.com](http://www.BerwickRetirement.com)



# BERWICK

ON THE PARK  
RETIREMENT COMMUNITY



## Discover the Berwick Advantage

### Comfort. Freedom. Choice.

Independent Living	✓	Housekeeping	✓
Assisted Living	✓	Community Engagement	✓
24 Hour Emergency Response	✓	Recreational Activities	✓
Well Balanced, Nutritional Meals	✓	Private Car & Driver	✓
Spectacular Views & Gardens	✓	Bus Outings & Excursions	✓

At Berwick on the Park, we offer a unique and affordable take on retirement. With a large range of amenities and services, we continue to be the retirement community of choice in Kamloops. **Call Erin Currie, our Senior Living Expert today to learn how you or your loved ones can discover the Berwick Advantage.**

60 WHITESHIELD CRESCENT SOUTH, KAMLOOPS  
250.377.7275